

Appendix A

LIFE STAGES

Starting well	Developing well	Living and working well	Ageing and Dying well
<ul style="list-style-type: none"> • Low birth weight & high infant mortality • High smoking rates in pregnancy • Low breastfeeding rates • High teenage conceptions • High obesity rates • High levels of oral disease 	<ul style="list-style-type: none"> • Low attainment, skills and aspirations in more deprived areas • High youth unemployment • Low levels of physical activity • High levels of lifestyle risks – alcohol, smoking, substance misuse, obesity • High rates of teenage pregnancy • High rates of emotional, behavioural or attention deficit disorders • High emergency admissions • A quarter of young people provide some form of care • Meeting the diverse needs of minority ethnic and new migrant children and young people • <i>High levels of oral disease</i> 	<ul style="list-style-type: none"> • High levels of lifestyle risks – smoking, alcohol, diet, obesity • High levels of worklessness and benefit dependency • Low levels of physical activity • Low adult qualification and skill levels • High levels of depression and anxiety • High levels of deprivation • Rising fuel poverty • High levels of unsustainable debt • Growing numbers of people needing help in crisis situations • High rates of disability • Increasing need for carer support • Meeting the needs of increasingly diverse minority ethnic and new migrant communities 	<ul style="list-style-type: none"> • Increasing numbers of older people, especially in the oldest age groups • Increase in age related conditions such as; dementia, mobility & hearing impairment, diabetes and falls • Majority of older people (65+) have a long term illness or disability • High levels of depression • Low levels of physical activity • Rising number of older people living alone & isolated • A third of older people feeling lonely • Ageing carers providing more care • Growing gap between numbers in need of care and those providing care • High pensioner poverty

